

2020 SUMMER CAMP COMMUNITY GUIDELINES RESPONSE TO COVID-19

All content is based on best practices for coronavirus outbreak prevention and mitigation as informed by the following sources: Gallatin City-County Health Department, Madison City-County Health Department, Centers for Disease Control, American Camp Association and Bozeman Health Pediatrics as of the date listed above. This document will be updated as needed.

In efforts to streamline resources for the health and safety of our employees, program participants, families and community, the following entities have agreed to abide by these basic Health & Safety guidelines as well as their own respective policies: Big Sky Community Organization, Big Sky Discovery Academy, Camp Moonlight, Yellowstone Club, Spanish Peaks Mountain Club, Jack Creek Preserve Foundation, Gallatin River Task Force.

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1. COMMUNICATIONS

Camp and program administration should be in regular contact with program partners, attendees, parents/legal guardians, staff, and vendors. Many of these communications may be time sensitive and may contain confidential health information. The following are shared practices for communicating with attendees, parents/legal guardians and staff.

POSTERS & SIGNAGE

Camp providers will post relevant posters and signage from one or more of the following resources: the local Gallatin City County Health Department, CDC, WHO, and/or other health agencies as applicable to your program in appropriate areas to encourage behaviors that mitigate the spread of disease.

CAMPER COMMUNICATION

PRIOR TO CAMP

- Prepare and distribute documentation containing rules and guidelines for attendees to follow during their time at camp or in the program.
- Be familiar with answers to frequently asked questions and common misconceptions related to the COVID-19 pandemic.

- Identify which attendees are at higher risk for complications related to COVID-19 and encourage and support families in taking additional precautionary measures including consultation with their healthcare provider.

DURING CAMP

- At the beginning of camp, hold small group trainings and demonstrations on behaviors and precautions attendees should abide by to prevent the spread of COVID-19, including:
 - How and when to effectively wash and sanitize hands
 - How to practice physical distancing in various settings.
 - Which symptoms to look out for and when to report them and to whom
 - When to stay home
 - Coughing etiquette
 - Other camp-specific policies or guidelines
- If possible, limit the amount of available media focused on the COVID-19 pandemic if it may be contributing to anxiety.

CONVERSATION

- Encourage attendees to talk about how they are feeling. Tell attendees they can ask you any questions and make yourself available to talk and listen.
- Be calm and reassuring; be careful not only about what you say but how you say it.
- Be a source of comfort.
- Listen for underlying fears or concerns. Ask questions to find out what a concerned attendee knows about COVID-19.
- Let attendees know that fear is a normal and acceptable reaction.
- Strive to provide the most updated and accurate information possible. Be sensitive to and aware of false information they may have heard and make sure to be considerate with attendees when correcting any information.
- If you do not know the answer to a question, say so. Do not speculate. Find answers by visiting the Gallatin City-County Health Department or CDC website.
- Make sure attendees know how the virus can spread and how to prevent it from spreading.
- Talk about what the camp is doing to protect attendees from getting sick.
- Tell attendees that even though the COVID-19 pandemic is serious, by following the rules and guidelines, we are creating as safe an environment as we are can.
- Let attendees know that teens and children seem to get a milder illness when compared to adults.
- Speak in age-appropriate language.
- Direct attendees with questions you cannot answer and/or fears you cannot calm to the parents/families, administration or the designated staff member(s) responsible.
- Have follow-up conversations with attendees who have asked questions or expressed concerns.

PARENTS/LEGAL GUARDIANS COMMUNICATION

- Provide Information to parents/legal guardians about the precautions and procedures the camp has implemented/will implement to minimize the risk of COVID-19 exposure.
- Ask parents/legal guardians to teach and reinforce at home preventative behaviors.
- Communicate the importance of keeping attendees' home if they show any symptoms associated with COVID-19.
- Keep parents/legal guardians up to date on COVID-19 as it relates to the camp.

- Send parents/legal guardians' regular newsletters or communications regarding the prevention efforts.

STAFF COMMUNICATION

- Provide training and educational material, including this guide, to staff.
- Communicate the importance of vigilantly monitoring their health for symptoms associated with COVID-19 and staying home if they are showing any symptoms.
- Continue to provide educational material, including this guide, to staff and reinforce training

2. SCREENING OF STAFF & PARTICIPANTS

The three phases of screening should include pre-screening, initial screening, and ongoing screening. See below for the shared community guidelines:

FOR STAFF

EMPLOYEES WHO FEEL SICK SHOULD STAY HOME

- Do not go to work or school for 72 hours following fever or COVID-like symptoms (shortness of breath, headache, diarrhea, dry cough, new loss of taste or smell).
- Contact and follow the advice of your medical provider.
- Follow local health department guidance on isolation and quarantine.

PRE-SCREENING

- Staff are asked to complete a COVID-19 screening survey at the beginning of each week and/or camp session. (Surveys are listed in next section)
 - Staff with a fever and non-COVID like symptoms are asked to be fever free for 72 hours before returning to work.
 - Each staff member should inform the employer if their health or symptoms have changed since the time they filled out their symptoms.
 - Each staff member is asked to take his or her temperature/have his or her temperature taken at the beginning of each work day.
 - People with fevers of 100 degrees F or COVID-19 symptoms will not be allowed to work. While an actual temperature reading is the best diagnostic tool for fevers, the CDC also says it considers a fever to be present when a person feels hot to the touch, has previously reported feeling feverish (possibly with chills), or looks flushed or glassy-eyed.

COVID-19 STAFF SURVEY

1. Have you experienced any Covid-19 symptoms in the past 14 days that are not normal for you including fever over 100 degrees F, shortness of breath, headache, diarrhea, dry cough, or new loss of taste or smell?
2. Have you, or anyone you live with come into contact with someone who has tested positive for Covid-19?
3. Have you tested positive for Covid-19?
4. Have you, or anyone you live with traveled out of the country in the past 14 days?
5. Have you, or anyone you live with, left the state of Montana in the past 14 days?

FOR PARTICIPANTS

CHILDREN WHO FEEL SICK SHOULD STAY HOME

- Do not go to camp.
- Contact and follow the advice of your medical provider.
- Follow local health department guidance on isolation and quarantine.

PRE-SCREENING

- Each participant is asked to take his or her temperature everyday either before drop-off or upon check-in. Any participant with a fever of 100 degrees F or COVID-19 symptoms is asked to stay home until they are fever free for 72 hours and no longer feel sick with COVID symptoms.
- Each participant/participant's guardian is asked to take a COVID-19 screening survey at the beginning of each week or camp session.
 - At drop off, each participant will be asked if any answers according to the survey have changed (since the last pick up).

COVID-19 PARTICIPANT SURVEY

1. Has your child presented any Covid-19 symptoms in the past 14 days including fever, shortness of breath, headache, diarrhea, dry cough, or new loss of taste or smell?
2. Have you, your child, or anyone you live with come into contact with someone who has tested positive for Covid-19?
3. Have you or your child tested positive for Covid-19?
4. Have you, your child, or anyone you live with traveled out of the country in the past 14 days?
5. Have you, your child, or anyone you live with, left the state of Montana in the past 14 days?

3. MASK USAGE

The camp or program staff may use non-medical face coverings during the course of the program and children may be asked to wear face coverings, especially in circumstances that do not readily allow for appropriate physical distancing (i.e. transportation or close spaces indoors), and can wear masks by choice. All masks must be washed daily or disposed of daily if they are disposable.

FOR STAFF

- Staff may wear masks as often as possible, especially when indoors and with younger children for whom social distancing practices prove challenging, and while preparing food, and/or engaging with others in proximity despite social distancing.
- Cloth face coverings should fit snugly but comfortably against the side of the face:
 - Be secured with ties or ear loops
 - Include multiple layers of fabric
 - Allow for breathing without restriction
 - Made of a material that can be laundered without damage, such as cotton
 - When removing a face mask, wearer should not touch eyes, nose, or mouth
 1. Wash hands immediately.
 2. Wash the mask prior to reuse; machine washing is sufficient.
 3. Consider wearing a name tag with a picture of yourself smiling. That way children know what you look like beneath your mask.
 4. Wash or dispose of masks daily.

FOR PARTICIPANTS

Children over 5 may be asked to wear face masks if/when they are in close proximity or in settings where social distancing is not easily maintained like transportation or close indoor spaces. If children bring their own mask, they should be washed or thrown away daily.

4. RETURNING TO CAMP AFTER SUSPECTED COVID-19 SYMPTOMS

Attendees may be denied admittance to camp or programs if they are showing signs of illness, such as fever, shortness of breath, headache, diarrhea, dry cough, or new loss of taste or smell, or have a fever of 100 degrees F or higher. If a child shows symptoms of illness at camp or during a program, or becomes ill, they will be isolated from the rest of the group and the parent/guardian will be required to pick up the child upon notification from the program. Children who are sick may not return to the program until they are fever or symptom free for **72 hours**.

5. PREVENTION FOR STAFF & PARTICIPANTS

HAND WASHING

Because both beneficial and potentially harmful microbes are on our hands, handwashing alone isn't protective unless we keep our hands away from our faces and other body openings. Yes, germs collect on our hands, but they can't do much there. They become impactful when we transfer them by bringing our hands to our face (that is, provide a "portal of entry"). Work on keeping hands from touching the face.

WHEN TO WASH AND DISINFECT HANDS

- Before and after eating or preparing food
- Upon entering the program facility
- After being in contact with someone who may have been sick
- After touching frequently touched surfaces (railings, doorknobs, counters, etc.)
- After using the restroom
- After using communal items, such as sports equipment, computer keyboards and mice, craft supplies, public transportation, etc.
- After coughing, sneezing, or blowing your nose

PHYSICAL DISTANCING

Physical distancing is also known as "social distancing." Physical distancing can allow individuals to safely interact with others. Physical distancing is not a substitute for using cohorts, a method of isolating groups that can be integrated over time if conditions are met.

For camps, CDC encourages physical distancing through increased spacing, small groups, and limited mixing between groups, and staggered scheduling, arrival, and drop off, if feasible.

RESOURCES

- American Camp Association:
https://www.acacamps.org/resource-library/coronavirus-information-camps?utm_source=homepage&utm_term=preheader&utm_content=may&utm_campaign=coronavirus
- Environmental Health & Engineering, Inc. Field Guide:
<https://acacamps.app.box.com/s/7gkh9buu3ntssx2v38gajg4z94631lag>
- Centers for Disease Control:
<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/summer-camps.html>

